

Dear Friend of ACI-Cape Ann,

Thank you for being part of an exciting and full year of growth and Tibetan Buddhist teachings with ACI-Cape Ann. We have much to be thankful for and to rejoice in!

2009 brought us a continuation of powerful teachings by our founder and Spiritual Director, Lama Marut, new and returning teachers from around the world, and the blessing of a resident teacher, Lama Jesse Fallon, to guide and support the sangha for a year.

We've sponsored two public, off-site group retreats, supported two members in month-long retreats and assisted our dear Lindsay Crouse and Rick Blue with Windhover. We've also been offering four weekly yoga classes, yoga philosophy workshops, Tuesday night and Friday morning meditation classes, Saturday morning debate classes, practical study and practice guidance and formal ACI curriculum courses. We've even begun to witness our own members training to becoming certified dharma teachers!

Of course, Lama Marut will be with us again in 2010. He'll be teaching at the Vajramudra Center and Woodman's in April and at the annual Windhover retreat in August.

The momentum of the sangha is palpable. Unfortunately, it's also costly. For almost two years, the Vajramudra Center has been supported largely by a generous anonymous contribution. That income is coming to an end and, without your support, so will the center.

**Please support ACI-Cape Ann with a financial pledge  
to keep our doors open and our programs running!**

The Vajramudra Center is where most of our teachings and programming take place. It is the bricks and mortar heart of our sangha. If we're able to generate pledges to support the estimated \$36,000 annual cost of running the programming and paying the rent, our next goal will be to finance an ACI-CA retreat center.

The proposed ACI-CA retreat center will be available for use by all members of the community. A weekend, week, month, or longer retreat is a place where one can find solitude, quiet and, with practice, enlightenment. Retreatants will be supported, as needed,

IT IS NECESSARY TO COMBINE KNOWLEDGE BORN FROM STUDY WITH SINCERE PRACTICE  
IN OUR DAILY LIVES. THESE TWO MUST GO TOGETHER. HIS HOLINESS THE DALAI LAMA

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by ACI-CA members before, during and after their retreat. We are thrilled about the possibility of offering this sanctuary!

We estimate annual expenses of \$42,000 to rent and maintain a retreat facility. As a result, we are seeking total annual pledges of \$78,000.

If you use, or have used, the Vajramudra Center for activities and teachings and would like to see it continue to provide a welcoming place for all in the community, please give what you can.

Help others and help yourself by supporting methods of happiness!

**YOU MAY PLEDGE A MONTHLY OR ONE-TIME AMOUNT TO BE PAID THROUGH:**

- automatic bank account withdrawals** (contact Lori MacDonald, see below)
- Pay Pal** (through our website <http://www.aci-capeann.org>)
- check** (mail to ACI-CA, PO Box 44, Rockport, MA 01966)

For questions or to set up a payment plan, contact:  
Lori MacDonald, ACI-CA Treasurer, email [lmac68@gmail.com](mailto:lmac68@gmail.com) or call 617-512-1356.  
Or, visit <http://www.aci-capeann.org> for more information.

Namaste,

*Phil Salzman*

Phil Salzman  
President, ACI-Cape Ann Board of Directors

*PS - Every contribution is important to the life of the sangha. Please respond by December 1!*

*"Supporting a Dharma center is one of the most merit-generating,  
self-interested things you can do. Please give to the Vajramudra Center today."  
- Lama Marut*

All donations to ACI-CA are used to support our teachers, teachings, retreats, scholarships and the direct expenses associated with operating the Vajramudra Center and the future retreat center. We are a Massachusetts non-profit corporation organized in January 2008, and have a 501(c)(3) tax-exempt status and all donations are tax-deductible. We have no paid officers or staff.

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EVERYTHING WE KNOW THAT IS OF ANY WORTH WAS TAUGHT TO US BY SOMEONE ELSE. LAMA SUMATI MARUT